

THE ALEX

REST · RELAX · ROAM

SOUPS

- Soup of the Day €6.00
Herb cream & pea shoots
- Seafood Chowder €9.00
Paprika & dill cream
- Green Pea and Mint 🌿 🌾 🥚 €6.50
Basil oil & micro herbs

All soups served with freshly baked penny loaf

SANDWICHES

- Chilli Chicken €12.50
Ciabatta, roasted tomatoes, rocket, lemon and basil mayo
- Ham & Cheese Toastie €12.50
Sourdough, tomato relish, béchamel, smoked gubbeen cheese
- Turkey & Bacon Club €13.00
Sourdough, maple glazed bacon, soft-fried egg, plum tomato, crispy lettuce, avocado aioli
- Coronation Chicken €12.50
Farmhouse brown bread, chicken in curry mayo, raisins, pickled carrot, spinach, coriander

WRAPS

- The Veggie 🌿 €11.00
Roasted Mediterranean vegetables, couscous, mozzarella, basil pesto
- Duck Tortilla €13.00
Duck confit, cucumbers, scallion, carrots, hoisin sauce
- Chorizo Picadillo €12.50
Chorizo, pastrami, lettuce, olive, tomato tapenade, sour cream, parmesan cheese

All sandwiches and wraps served with side salad and potato crisps

🌿 = Vegetarian 🌾 = Gluten free 🥚 = Vegan

Allergen Information: Please advise a member of our team if you have any allergies or require further information on any of our dishes.

SALADS

- Superfood 🌿 🌾 🥚 €12.00
Couscous, chickpeas, beetroot, spinach, kale, red onion, carrot, cranberries, sunflower seeds, balsamic vinaigrette
**add chicken €3.00*
- Caesar €11.00
Crispy cos lettuce, baby kale, pancetta, croutons, parmesan cheese shavings, Caesar dressing
**add chicken €3.00*
- Soy Beef €14.50
Warm egg noodle, stir fry vegetables, coriander, toasted cashew nuts
- Honey Chicken 🌾 🥚 €14.00
Sweet potato, lentils, candied walnuts, pumpkin seeds, lemon and ginger vinaigrette

CLASSICS

- Homemade Beef Burger €16.00
Lettuce, tomato, relish, bacon, smoked gubbeen cheese, mayo, sauté onion, crispy onion rings, skin on fries
- Fish & Chips €16.00
Battered lemon sole, chunky chips, tartar sauce, plum tomato, cucumber salsa
- Spinach & Ricotta Tortellini 🌿 €13.50
Tender stem broccoli, baby spinach, shaved Parmesan, sundried tomato and dill cream

SIDES

- Sweet Potato Fries | Skin on Fries | House Salad | Chunky Chips* €4.50
- Steamed tenderstem broccoli with toasted almond flakes* €4.50
- Tarragon buttered chantenay carrots* €4.50

DESSERTS

- Eton Mess 🌾 €7.50
Pomegranate, strawberry ice-cream, caramel, marshmallow, crunchy meringue
- Tiramisu €7.50
Almond, hazelnut biscotti
- Selection of Ice-cream 🌾 €7.00
Vanilla, chocolate, strawberry
- Fruit and berry salad 🌾 €7.00
Honey, low fat yogurt, almond flakes